



## Annapurna Region

### Round Annapurna Trek - Annapurna Circuit

Annapurna Circuit is a popular trekking destination in Nepal. This region is attracting more than 70 percent of all trekkers in Nepal every year. This trek offers to see all aspects of green forests, tremendous mountain scenery, a mosaic of cultures of different ethnic groups. The trail leads northwards initially, crossing paddy fields before dissecting the Marsyangdi river gorge, it passes through various interesting villages on route. The journey initially comprises of a fairly steady ascent which eventually emerges (with a dramatic change of scenery) into the arid Manang valley. This region is much more tibetanlike in out look and lifestyle. The following delightful few days are spent with sightseeings around the valley, which offers some tremendous views and some fascinating settlements. A day is taken for side trekkings and for acclimatization purposes before continuing our tour by crossing Thorung-La (5,416 meters). This is a long but very rewarding day with splendid views of Nilgiri, Dhaulagiri and Annapurna ranges. We are visiting Muktinath, a holy pilgrimage site for both Hindu and Buddhists. In addition, Tilicho Lake (5119 meters) is lying on one of the highest elevations of the world and the Kaligandaki gorge which is regarded as one of the deepest gorges on earth have been the facts that make people eager to visit the region. If you are making your trek in March-April, you will enjoy with colorful rhododendrons (the national flower of Nepal).

**Best season for trekking:** October to November and March/April

<b>Duration:</b>	<b>20 days</b>
<b>Starting from:</b>	<b>Kathmandu</b>
<b>Ending at:</b>	<b>Pokhara</b>
<b>Grade:</b>	<b>Challenging</b>
<b>Mode of trekking:</b>	<b>Teahouse or camping</b>
<b>Elevation:</b>	<b>Minimum 790m and Maximum 5416m</b>



#### ITINERARY:

- Day 1 Kathmandu to Besisahar/ Beseacher (by bus)
- Day 2 Ngadi
- Day 3 Jagat
- Day 4 Dharapani
- Day 5 Chame
- Day 6 Pisang
- Day 7 Manang
- Day 8 Side walking around Manang
- Day 9 Ledar
- Day 10 Throrung Phedi via High Camp
- Day 11 Muktinath (Crossing day of Throrung La Pass 5416m)
- Day 12 Kagbeni
- Day 13 Jomsom
- Day 14 Tukuche
- Day 15 Kalapani
- Day 16 Tatopani
- Day 17 Ghorepani
- Day 18 Tirkhedhunga
- Day 19 Pokhara
- Day 20 Pokhara to Kathmandu (by bus)



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**Services will be as given in below:**

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- Experienced guide
- Porters as required
- All needed camping equipments
- Trekking permit
- Food (Breakfast, launch,dinner)
- Boiled water every morning for shower.
- Hot drinks as coffee, tea,and so on
- Kitchen staffs along with experienced cook.
- Transportation to and from starting and ending point of trek.

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**Price will not include:**

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- Personal Expenses
- Hard drinks as whisky rum and so on.
- Rescue charges
- Domestic flights
- Emergency expenses (if needed)



**Service is provided by**

**KARAO Trek**

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